

ON GUARD

NATIONAL ASSOCIATION OF FEDERAL RETIREES NEWSLETTER



FSNA ANRF

The Kingston Branch Report

From the President's Desk

Fall 2009



Branch BBQ

Well done, Noël!!

Good weather, fine food and great company! That pretty well sums up our 2009 BBQ held recently at Rideau Acres Campground. We had an excellent turn out, and everyone appeared to be enjoying themselves. What more could one ask for you say? Could be our...

Fall Outreach

Yes, our next get together will be our fall **Outreach luncheon**. And, again we are returning to a favourite spot -- **The Cove Inn, Westport, 27** October. Look for more information and the response form inside.

Attention Snowbirds!!

Our membership director has asked me to remind those of our cheque paying members who like to head south for the winter that membership dues for 2010 are due 31 December 2009. See the notice and renewal form inside.

Short report this issue. Things are going so well, and I have such a terrific team to work with, I don't have much to do!!

(Did I just jinx myself??)

Cheers,
Ron Henderson

Autumn 09 Outreach.....27 October 2009



For our Autumn Outreach Luncheon this year we are returning to the village of Westport, on the shore of the beautiful Upper Rideau Lake at

**The Cove Inn Resort,
2 Bedford-on-the-Water, Westport**

The Cowans will be providing a buffet luncheon to include: a soup; a variety of quiches; lasagna; a variety of cold meats; a variety of salads; dessert; and coffee.

***The price (including taxes and gratuities)
will be \$15 for members and \$19.50 for guests***

KINGSTON and DISTRICT BRANCH - ACTIVITY RESPONSE FORM

Autumn '09 LUNCHEON - Tuesday, 27 October 2009

To: Kingston & District Branch, FSNA
PO Box 1172
Kingston, ON K7L 4Y8



Yes,

I plan to attend the Branch Luncheon Meeting at 11:30 a.m. on Tuesday, 27 Oct. 2009

The Cove Inn Resort, 2 Bedford-on-the-Water, Westport

I have enclosed my cheque in the amount of \$ _____ (\$15/member, \$19.50/guest)
payable to **Kingston & District Branch, FSNA**. Please reserve _____ places.

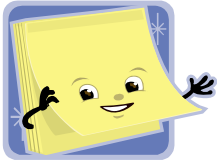
(Members are encouraged to endorse the back of their cheque "Deposit Only")

Name/s: _____

Telephone: _____

E-mail address: _____

- I require transportation, please have someone contact me.
 I can provide transportation for _____ person(s).



An early reminder for our "Snowbirds"

I'm sending out this early reminder for our members who pay their dues annually by cheque and may be planning to head *south* for the winter. Your membership for the current year expires 31 December 2009 and renewal fees are due by that date.

Please check your membership card.

- National Association of Federal Superannuates
Kingston and District Branch
Attn: Membership Director
PO Box 1172
Kingston, ON K7L 4Y8

MEMBERSHIP RENEWAL FORM

Please renew my membership for the year 2010.

I have enclosed my cheque, in favour of Kingston and District Branch, in the amount of:

- ___ \$44.40 for a double membership;
___ \$34.20 for a single membership;
___ \$15.00 for an associate membership.

(Members are encouraged to mark the back of their cheque "Deposit Only")

Membership # _____ Name _____

(Note: Complete the following *only* if there have been changes in the information that you have not already informed me of.)

Spouse/partner: _____

Address: _____

City _____ Prov _____ Postal Code _____

Telephone number: _____ - _____ - _____

E-mail address _____

A Helpful Suggestion:

For those of you who may not be aware, we offer a simple, convenient way of ensuring your membership is always current and up to date. It's called "**Dues Deducted at Source**" and it means never having to worry about whether or not you have paid for the current year. If you choose this method, Public Works & Government Services Canada (Pension Office) will simply deduct the small amount of \$3.70 for double membership or \$2.85 for single membership, each month from your superannuation (pension) cheque. Many of our members have already chosen this method of payment and I would encourage you to switch as well. Plus, it reduces our costs by eliminating mailing and the unnecessary waste of paper. Look for the application form "Deduction of Dues at Source" on the Web site. If you have any questions, or wish more information, please call me at 613-544-0663.

YOUR MEMBERSHIP IS IMPORTANT TO YOU AND YOUR ASSOCIATION

Donna Henderson, Membership Director

In Memoriam

2009

We regret to announce that your Branch has lost the following members due to mortality this year

Brett , Elizabeth	Lyndhurst	Jobbins , Wilfred S.	Kingston
Cheesman , Jeanne	Kingston	Langley , William N.	Kingston
Clark , R. H.	Brockville	MacKenzie , Robert	Kingston
Dick , Howard	Kingston	Norquay , Maureen	Kingston
Dyne , Peter J.	Kingston	Orr , Wilma	Napanee
Fortier , Peter C.	Kingston	Parent , Shirley	Kingston
Geres , Cecelia	Napanee;	Rickards , Herbert	Inverary
Gregory , Frederick	Kingston	Scaly , Mel	Adolphustown
Hebert , Jocelyne	Odessa	Sheahan , Joseph	Kingston;
Hudspeth , Adrienne	Kingston	Watson , Ian	Kingston



EMPLOYMENT OPPORTUNITY

Commissionaires Security Solutions is accepting applications for the position of **Security Guard** in the Kingston area.

- Full Time and Part Time positions available
- Competitive industry wages and benefit package offered
- Comprehensive Security Training provided

Historically, many of the men and women employed by Commissionaires have served in the Canadian Forces or RCMP and we continue to encourage those applicants. We also welcome applications from law and security graduates and citizens of good standing.

All applicants must be: at least 18 years of age, reliable, computer literate, bondable and available for shift work.

Priority consideration will be given to candidates who currently hold the required Provincial Security Licence. Applicants wishing to obtain the mandatory Provincial Licence will be trained and assisted to certification level.

Please forward your resume to: Kingston Regional Office,
Commissionaires-Security Solutions
737 Arlington Park Place, Kingston, Ontario
Fax: 613-634-4436 or email to:
cstgeorges@thecommissionaires.com or,
scarleton@thecommissionaires.com